



Residency

# JAMES OLIVER

Breathwork guide and men's coach. His work helps individuals release emotional blockages, reconnect with their authentic selves, and build lives of purpose and fulfillment through somatic practices and self-enquiry.

JANUARY 30 - FEBRUARY 10

## **LIMINAL BREATHWORK**

This powerful breathwork journey helps you navigate the transitional space between who you once were, and who you're becoming. For those seeking to release the past, reconnect with their authentic selves, and find a sense of clarity, peace and self-acceptance

## **MEN'S CIRCLE**

An opportunity for men to gather, connect and gain insight through shared experience, in a grounded and comfortable setting.

This men's circle is designed to foster clarity and personal growth.

## **PRIVATE SESSIONS**

James offers 1:1 private men's mentorship, empowering high-performing individuals to move beyond superficial success and embrace a life of genuine fulfillment. Through his unique and integrative approach, he guides clients to master their inner state, unlocking profound purpose, emotional resilience, and authentic connections in their personal and professional lives. (6-12 months)







RESIDENCY

# JAMES OLIVER

JANUARY 30 - FEBRUARY 10

SCHEDULE

|             |                    |                             |
|-------------|--------------------|-----------------------------|
| JAN<br>30TH | Liminal Breathwork | 11:30 AM<br>@Gratitude tent |
| FEB<br>5TH  | Men's circle       | 5:00 PM<br>@Nest            |
| FEB<br>10TH | Liminal Breathwork | 11:30 AM<br>@Gratitude tent |

CONTACT US

[journeydesign@nomadetulum.com](mailto:journeydesign@nomadetulum.com)

RESERVE