

yään
healing sanctuary



Tulum

Massages and Spa Treatments

YÄAN BALANCING MASSAGE

Intuitive massage customized pressure, using essential oils to inspire optimism and wellness.

60 MIN \$210
90 MIN \$305

DEEP TISSUE MASSAGE

Treating deep layers of the muscles, this massage releases and dissolves chronic pain and tension.

60 MIN \$235
80 MIN \$310

THAI TEMPLE MASSAGE

A sacred journey of release & renewal. Deep rhythmic ancient massage & stretching techniques leave the body and spirit relaxed, rejuvenated and uplifted.

90 MIN \$320

LYMPHATIC FLOW MASSAGE

A lymphatic drainage technique to improve circulation & reduce fluid retention, using soothing citrus aromatherapy.

60 MIN \$235
90 MIN \$315

SOBADA MAYA MASSAGE

Traditional Mayan massage using ancient abdominal massage techniques, copal smoke & herb therapy, releasing energetic blockages.

80 MIN \$325

AZTEC CHAKRA

BALANCING MASSAGE

An exclusive Yään massage that uses specially designed essential oils blends and crystals to unlock energetic blockages & harmonize chakras assisting in deep internal healing.

90 MIN \$315 USD

SWEDISH STYLE MASSAGE

A deeply relaxing massage, using long strokes with moderate pressure to eliminate toxins and muscle tension.

60 MIN \$210
90 MIN \$305

HERBAL COMPRESS THERAPY

Medicinal herbal pouches are used in this warm massage to detoxify the body and relax the nervous system.

90 MIN \$315

MAYAN RENNAISSANCE

Copal auric cleansing & rhythmic massage with rose petals and a sacred mayan herb infusion.

90 MIN \$325

SACRED HOT STONE THERAPY

Hot obsidian & marble stones alleviate muscle tension, stimulate circulation and nurture body & soul.

80 MIN \$310

GARDEN OF YÄAN

Indulge & stimulate your senses, includes botanical body exfoliation, massage & healing herbal bath using fresh herbs from our garden.

120 MIN \$305

BIOMAGNETIC HEALING

Detoxify your blood and boost your immune system by restoring the body's natural PH levels followed by our signature holistic Yäan Balancing massage.

80 MIN \$305

SOOTHING SUN THERAPY

A body mask of lime tree blossom, chamomile, aloe vera, honey and jojoba will relieve & heal the skin of overexposure to the Caribbean sun.

80 MIN \$305

Add on _____

BODY MASK (ADD ON)

Our Body Masks are made from healing and natural ingredients designed to deeply moisturize, restore balance and alleviate both skin, body and mind.

30 MIN \$105

BODY SCRUBS (ADD ON)

Our Body Scrubs are made from botanical and aromatic native ingredients to help exfoliate, cleanse, improve circulation and give your skin a moisturized glow.

30 MIN \$105

MINI FACIAL (ADD ON)

A short facial to cleanse, exfoliate and deeply moisturize to obtain a natural luminated glow.

30 MIN \$125

Energy and Vibrational Healing

(only add on)

LIMPIA OR TRADITIONAL ENERGETIC CLEANSING 30 MIN | \$120

Traditional Mayan technique using copal smoke therapy, herbs, eggs, and sacred instruments to cleanse the body's energetic field.

LIFEPATH CONSULTATION WITH ELI SCHEIER 60 MIN | \$350

Recognizing the significance of the spiritual dimension in mental and emotional well-being, Eli encourages self-love and self-discovery as pathways of personal healing and transformation.

SOUND HEALING 60 MIN | 1 PAX | \$315

JOURNEY 2 PAX | \$365

Sound waves and harmonic vibrations of sacred shamanic sound instruments take you to a place of acceptance, balance and deep healing.

SPIRITUAL ALIGNMENT 90 MIN | \$315

A unique energy healing therapy specifically focused to heal and clear the body's chakra and auric system using the universal force energy.

- OUR HEALING WATER THERAPY (SAUNA, STEAM AND POOLS) IS INCLUDED AS COMPLIMENTARY 1 HOUR BEFORE YOUR SERVICE, PLEASE BRING SWIMWEAR FOR FULL ENJOYMENT.
- VISIT OUR WEBSITE FOR FULL MENU SERVICES & TO LEARN ABOUT HONEYMOON, WEDDING & SEASONAL PACKAGES.
- MENU SUBJECT TO CHANGES / ALL PRICES ARE IN US DOLLARS.

Beauty Healing and Detox Cleanses

YÄAN LIFTING RENEWAL

75MIN

\$220

Customized to purify, balance and moisturize the skin. Focused in recovering radiance and firmness, this treatment includes a Japanese inspired facial massage, that provides immense results with an instantaneous lifting effect.

LUMINOUS FACIAL

75MIN

\$220

Designed to remove all impurities and fade away the damages caused by pollution. After analyzing skin type and needs, the therapist will tone and replenish at a deep cellular level to regain a new glow.

CLEANSE SPA PACKAGES:

Yäan offers 1, 3 or 5 day cleanse spa packages designed to aid to a more comprehensive and holistic detoxification combining several spa treatments and cold press juice cleanses.

Choose from **Alkalizing, Immunity and Rejuvenation.**

Special Packages

FOUR HANDED MAYAN HEAVEN

3 HRS \$695

Sacred Auric Limpia, Herbal Sea Salt body exfoliation, 80 min,
4 handed Mayan massage, Mayan Herbal Bath Ceremony.



YÄAN TRADITIONAL MAYAN

3 HRS \$450

Energetic Limpia, 80 min Sobada Maya massage,
Sacred Mayan Bath ritual.



COUPLES DIVINE

2.5 HRS \$770USD (PER COUPLE)

Coffee and Cacao exfoliation, Mayan Cacao body wrap,
60 min heart opening Balancing massage, Cinnamon and
Rose infused bath.

*TÉRMINOS Y CONDICIONES

YAANHEALINGSANCTUARY.COM

Ceremonial Temazcal

Yään's pre hispanic sweat lodge ceremony is a deeply therapeutic and cleansing experience, in which both physical and emotional bodies are purified and transformed.

FUL-NEW MOON CEREMONIES - \$95 USD

2HRS 30 MIN PRIVATE CEREMONIES - \$550

Temazcal Ceremonies 2024

MOON	NEW MOON	FULL MOON
JAN	11TH	25TH
FEB	9TH	25TH
MAR	10TH	25TH
APR	9TH	23RD
MAY	8TH	23RD
JUN	7TH	21ST
JUL	6TH	21ST

Please reserve 24 hours in advance



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